

Sitiz-M XR™

Sitagliptin + Metformin HCl Extended Release Tablets · 50 mg + 500 mg · 50 mg + 1000 mg · 14 Tablets

Main uses

- Type 2 diabetes – to improve blood sugar control alongside diet and exercise
- For adults whose blood sugar is not controlled on metformin or sitagliptin alone

PRODUCT INFORMATION

About Sitiz-M XR

Sitiz-M XR contains two medicines for type 2 diabetes. Sitagliptin (a DPP-4 inhibitor) helps the body make more insulin after meals and lowers the sugar released by the liver. Metformin (a biguanide) lowers the sugar made by the liver and helps the body use insulin better.

Sitiz-M XR is used together with diet and exercise to improve blood sugar control in adults with type 2 diabetes, when treatment with both sitagliptin and metformin is suitable.

The tablets release metformin slowly, so one dose a day is usually enough. Sitiz-M XR is for adults and should only be used as advised by a doctor.

How to use

Take Sitiz-M XR exactly as your doctor has told you.

1. The usual dose is taken once a day with a meal, preferably the evening meal. Your dose is chosen by your doctor from the 50 mg + 500 mg and 50 mg + 1000 mg strengths.
2. Swallow the tablet whole with water. Do not split, crush or chew it.
3. Parts of the tablet may be seen in the stool. This is normal, as the medicine has already been absorbed.
4. Keep following your diet and exercise advice while taking Sitiz-M XR.

If you miss a dose, take it as soon as you remember. If it is almost time for the next dose, skip the missed one. Do not take two doses at once.

Composition

TABLETS

Each extended-release tablet contains sitagliptin 50 mg and metformin hydrochloride 500 mg, or sitagliptin 50 mg and metformin hydrochloride 1000 mg.

PACK SIZES

Pack of 14 tablets.

Side effects and warnings

Like all medicines, Sitiz-M XR can cause side effects, although not everybody gets them. The most common are nausea, diarrhoea, stomach upset and headache.

- Do not take Sitiz-M XR if you are allergic to sitagliptin, metformin or any of the other ingredients, or if you have type 1 diabetes or diabetic ketoacidosis.
- Metformin can rarely cause lactic acidosis. Stop taking it and get medical help straight away if you have unusual muscle pain, fast breathing, tiredness, stomach pain or feel very cold.
- Do not take Sitiz-M XR if you have severe kidney or liver problems, or heavy alcohol intake. Your doctor will check your kidney function.
- Tell your doctor straight away if you have severe, lasting stomach pain with or without vomiting (possible pancreatitis).
- Tell your doctor before any scan or procedure that uses contrast dye, before surgery, and if you are unwell with vomiting or diarrhoea.
- If you also take insulin or a sulfonylurea, your blood sugar may fall too low. If you are pregnant or breast-feeding, ask your doctor before taking Sitiz-M XR.

Always read the patient information leaflet in the pack. If you have any questions, ask your doctor or pharmacist.