

Norestin™

Norethisterone Tablets USP 5 mg · 30 Tablets

Main uses

- Dysfunctional uterine bleeding and heavy or frequent periods
- Postponement of menstruation
- Pre-menstrual syndrome

PRODUCT INFORMATION

About Norestin

Norestin contains norethisterone, a progestogen. At the doses used for menstrual problems, it acts on the pituitary gland to suppress ovulation and reduces the body's own production of oestrogen and progesterone.

Norestin is used to treat dysfunctional uterine bleeding and heavy or frequent periods. It is also used to postpone a period and to treat pre-menstrual syndrome.

Norestin is for women and should only be used when prescribed by a doctor.

How to use

Take Norestin by mouth exactly as your doctor has told you. The usual doses are given below; your doctor will decide the dose and how long your treatment lasts.

1. Dysfunctional uterine bleeding, heavy or frequent periods: one 5 mg tablet three times a day for 10 days. To prevent the problem coming back, one tablet twice a day from day 19 to day 26 of the next two cycles.
2. Postponement of menstruation: one 5 mg tablet three times a day, starting 3 days before the period is expected.
3. Pre-menstrual syndrome: one 5 mg tablet a day from day 16 to day 25 of the cycle.

If a period does not follow a course of treatment, pregnancy must be ruled out before further treatment.

Composition

TABLETS

Each tablet contains norethisterone 5 mg.

PACK SIZES

Tablets: pack of 30.

Side effects and warnings

Like all medicines, Norestin can cause side effects, although not everybody gets them. Reported side effects include breakthrough bleeding or spotting, breast tenderness, headache, dizziness, nausea, bloating, fluid retention, weight gain and mood changes.

- Do not take Norestin if you are pregnant, are allergic to norethisterone or any of the other ingredients, or have vaginal bleeding that has not been diagnosed.
- Do not take Norestin if you have or have had a blood clot in a vein, have recently had a heart attack or stroke, have liver problems, or have porphyria.
- Stop taking Norestin and see your doctor if you develop yellowing of the skin or eyes (jaundice), a marked rise in blood pressure, migraine-type headaches, or sudden changes in your eyesight.
- Tell your doctor if you have epilepsy, migraine, asthma, or heart or kidney problems, as fluid retention may affect these conditions.
- Depression and mood changes can occur. Tell your doctor if you notice these.

Always read the patient information leaflet in the pack. If you have any questions, ask your doctor or pharmacist.