


# CALMIRON

Mirogabalin Tablets · 2.5 mg · 5 mg · 10 mg

**Main uses**

- Nerve pain (peripheral neuropathic pain)
- Nerve pain caused by diabetes (diabetic peripheral neuropathic pain)
- Nerve pain that lingers after shingles (postherpetic neuralgia)

PRODUCT INFORMATION

# About Calmiron

Calmiron contains mirogabalin, a medicine that calms over-active nerve signals. It is used to treat nerve pain.

Calmiron is used in adults for peripheral neuropathic pain, including pain from nerve damage caused by diabetes and the nerve pain that can follow shingles.

Calmiron is for adults. Your doctor will decide which strength is right for you.

# How to use

Take Calmiron exactly as your doctor has told you. It is taken twice a day, with or without food.

1. The usual starting dose is 5 mg twice a day.
2. Your doctor may increase the dose by 5 mg at intervals of at least one week.
3. The usual maintenance dose is between 10 mg and 15 mg twice a day, depending on your age and symptoms.
4. Calmiron is available as 2.5 mg, 5 mg and 10 mg tablets. Your doctor will tell you which tablets to take.

Tell your doctor if you have kidney or liver problems, as your dose may need to be adjusted. Do not stop taking Calmiron suddenly without asking your doctor.

# Composition

**TABLETS**

Each film-coated tablet contains mirogabalin (as mirogabalin besilate) 2.5 mg, 5 mg or 10 mg.

**PACK SIZES**

2.5 mg and 5 mg: pack of 10 tablets. 10 mg: pack of 14 tablets.

# Side effects and warnings

Like all medicines, Calmiron can cause side effects, although not everybody gets them. The most common are sleepiness, dizziness, swelling (oedema) and weight gain.

- Do not take Calmiron if you are allergic to mirogabalin or any of the other ingredients.
- Calmiron can make you dizzy or sleepy, and in rare cases cause fainting. Do not drive, use machines or do dangerous work until you know how it affects you. Take extra care if you are elderly.
- Calmiron can cause weight gain, swelling of the hands and feet, and blurred or double vision. Tell your doctor if you notice these.
- Taking Calmiron with alcohol or other medicines that cause drowsiness can increase sleepiness. Ask your doctor before combining them.
- Stop taking Calmiron and get medical help if you faint, have yellow skin or eyes, or have persistent nausea or vomiting.
- Tell your doctor if you are pregnant, planning a pregnancy or breast-feeding. There is not enough information on the safety of Calmiron in pregnancy or breast-feeding.

Always read the patient information leaflet in the pack. If you have any questions, ask your doctor or pharmacist.