

Alzil-M

Memantine HCl 10 mg · 10 Tablets

Main uses

- Treatment of moderate to severe Alzheimer's disease in adults

PRODUCT INFORMATION

About Alzil-M

Alzil-M contains memantine hydrochloride, an anti-dementia medicine.

Alzil-M is used to treat adults with moderate to severe Alzheimer's disease.

How to use

Take Alzil-M once a day, at the same time each day, with or without food, exactly as your doctor has told you.

1. The dose is raised slowly over the first 4 weeks: 5 mg a day in week 1, 10 mg a day in week 2, 15 mg a day in week 3, and then 20 mg a day from week 4.
2. The usual maintenance dose is 20 mg a day. In people with moderate or severe kidney problems, the dose is 10 mg a day.
3. Your doctor will check how well Alzil-M is working, usually within three months of starting.

Ask your doctor or pharmacist how to take the lower doses during the first weeks.

Composition

TABLETS

Each tablet contains memantine hydrochloride 10 mg.

PACK SIZES

Pack of 10 tablets.

Side effects and warnings

Like all medicines, Alzil-M can cause side effects, although not everybody gets them. The most common are dizziness, headache, constipation, sleepiness and high blood pressure.

- Do not take Alzil-M if you are allergic to memantine or any of the other ingredients.
- Tell your doctor if you have epilepsy or have had fits, kidney problems, a recent heart attack, heart failure or uncontrolled high blood pressure.
- Do not take Alzil-M with amantadine, ketamine or dextromethorphan, as side effects on the nervous system may be more frequent or severe.
- Tell your doctor if you change your diet a lot (for example from meat to a vegetarian diet), take large amounts of antacids, or have a severe urinary infection.
- Alzil-M should not be used in pregnancy unless clearly necessary. Women taking Alzil-M should not breast-feed.
- Alzheimer's disease can affect driving. Alzil-M can also have a small effect, so ask your doctor whether it is safe for you to drive or use machines.

Always read the patient information leaflet in the pack. If you have any questions, ask your doctor or pharmacist.